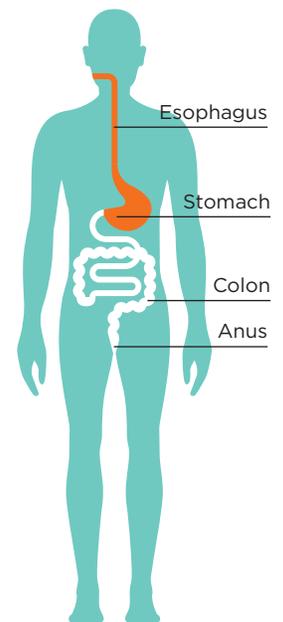


# GETTING READY FOR YOUR UPPER ENDOSCOPY

## **A** Plan Ahead Call 303-602-1926 if you have questions or need to schedule or change your appointment

- Your appointment is at Denver Health Outpatient Medical Center, Pavillion L, 660 N. Bannock St., 3rd floor. Patient/Visitor Parking is located behind the building.
- You will need an adult to sign you out and take you home after your procedure; your procedure will need to be rescheduled if you don't have an adult to take you home. We must talk with your ride to verify their availability.
- You can expect your visit to take about 1½ to 2 hours.
- Talk to your doctor if you have questions about taking your medications before your upper endoscopy.
- If you use oxygen or have been told that you need to use oxygen, you MUST bring a full oxygen tank with you to your procedure. If you are unable to you will need to reschedule.



## **B** The day BEFORE your Upper Endoscopy Do not eat anything solid for 8 hours before your endoscopy

- You can drink clear liquids up to 2 hours before your test.
  - You may have water, bouillon, broth, soda, Kool-aid®, coffee or tea (no milk or cream), Popsicle, Jell-O, Gatorade or other similar liquids**\*\*Do not have anything red\*\***
- Confirm that you have someone to sign you out and take you home after the test.
- If you are unable to make your appointment please call the GI Lab to reschedule.

## **C** The day of your Upper Endoscopy

- You can take your morning medications with sips of water, such as your blood pressure or seizure medications.
- If you are diabetic take ½ of your usual insulin dose. Do NOT take oral diabetes medications.